

Travelling part 2 - Left hand

ALONG : aim for legato sound and even tone throughout.

1

Do the same movements with each finger, finger 2 starting on fret 2 - C#, 3 on 3 - D, 4 on 4 - D# doing 5 position changes each time.

2

This exercise uses the same notes but this time you are 'jumping' to a different finger. Do the same movements with pairs 2 & 3, 3 & 4, 1 & 3, 2 & 4, 1 & 4.

Here are some examples of the different combinations. Each time you start where your finger would be in 1st position and the starting finger always returns to the same place.

3 Playing chromatic scales with different groups of fingers is excellent 'jump' position changing practice

a) b)

c)

d)

Do this exercise with fingers 2 3 4 as well.

e)

2 Now we are changing position using substitution - I have put all of the fingering in here to make it as clear as possible. Stay on string 2!

4

ACROSS

5 Movement across the strings. Using each finger hop across the strings in the following pattern (these are string numbers: 3 4 2 5 1 6 2 5 3 4). Try to only move the finger that you are using. To take this to the next level rest the fingers that you are not using on string 3 and replace string 3 in the pattern with string 2.

6 Contrary movement - 'stretching'. Only stretch as far as you can and increase with practice. Use the same plan as the exercise below (the notes will be different) for pairs 2 & 3, 3 & 4, 1 & 3, 2 & 4, 1 & 4.

5th position

Here is a G major scale (notes in red) with harmony for each note, putting our stretching and moving across the fingerboard into 'context'.

Below is a chromatic scale in octaves - an excellent way of taking these movements further. Continue the exercise descending to the beginning.